



# GROW WITH US

## ADOPT A GARDEN SITE

*Looking for a meaningful way to make a difference in your community? **Adopt a Garden Site** and help us feed families with fresh, local produce—right from the ground up! It's also a hands-on way to partner with St. Francis Vegetable Garden.*

### ***What does it mean to adopt a garden?***

By adopting one of our garden locations, **your organization takes on the rewarding work of maintaining and harvesting** the garden throughout the season—while it remains part of the trusted **St. Francis Vegetable Garden** network.

We provide the following:

- Garden training & planting guidance
- Tools & support
- Connections to local food banks for distribution.
- Access to our harvest tracking & reporting systems

You provide:

- A willing team of staff or volunteers
- Commitment to regular maintenance and harvesting
- A heart to serve food-insecure families

### ***Why keep the garden under St. Francis?***

Keeping the garden under the St. Francis name:

- Ensures **mission alignment** and credibility
- Provides continuity for land-use agreements and donors
- Gives your team access to tools, resources, and support
- Keeps the focus on **collaboration over competition**

We're not asking you to take it over—we're inviting you to take it on.

**Together, we grow food. Together, we grow community!**



**Ready to  
Dig In?**

**Let's Talk! Reach out to learn which garden sites are available for adoption and how your group can get involved. Any questions call: (985) 851-5523, [hello@stfrancisvg.org](mailto:hello@stfrancisvg.org), or visit [www.stfrancisvg.org](http://www.stfrancisvg.org)**





## ***Fresh produce fuels more than your body — it nourishes your mind!***

- A diet rich in fruits and vegetables has been linked to improved mood.
- Helped to reduced anxiety, and better overall mental well-being.
- Vitamins, minerals, and antioxidants support brain function and help to regulate stress and emotions.

## ***Why partner with St. Francis Vegetable Garden?***

***Together, we can grow food—and hope.***

- Access to fresh, seasonal produce for your own food distributions or community programs
- Strengthen your impact on food insecurity in our local community
- Collaborate on outreach events, education, and wellness initiatives
- Highlight your commitment to health, sustainability, and social good
- Support a mission-driven, local effort that values stewardship, service, and equity

**Whether you're a nonprofit, school, church, or organization that cares about feeding others—we'd love to grow together.**



## ***Collaboration is key!***

We've had the privilege of collaborating with several community organizations such as The Wallace Community Center, LSUAg, Terrebonne ARC, and BITNEP and have first hand seen the positive impact on the community they each serve.

**Together we are cultivating community —one harvest at a time.**

## ***Making a lasting impact in OUR COMMUNITY.***

Last year we harvested 23,256 pounds of food which means on average supplied fresh produce to 7,752 families in need. Often access to fresh produce is limited to those facing food insecurity making this a game changer in their health & diets.



# GARDEN SITES + LEVEL OF CARE NEEDED

*Each garden location has been assigned a number 1-4. One will be the lowest maintenance months and four being the heaviest workload. Each also has a small description highlighting the expected planting and harvest months.*

## **The two important W's: Watering & Weeding**

- All new plants require watering daily for the first 14 days. After day 14 they need to be watered every 2-3 days.
- Weeding is needed weekly in all raised beds.
- No volunteers will ever be asked to fertilize or spray any sort of pest control. We maintain that part, leaving your volunteer time to loving on the garden.

**3 JANUARY**

Prepare Beds  
Planting

**1 FEBRUARY**

Weed &  
Water

**2 MARCH**

Prepare Beds  
Weed & Water

**3 APRIL**

Planting Seeds &  
Plants, Heavy  
Watering

**4 MAY**

Planting, Heavy  
Watering, Weed &  
Harvesting

**3 JUNE**

Finish Harvesting  
Planting

**2 JULY**

Light Maintenance  
Harvest Okra  
& Field Peas

**4 AUGUST**

Finish Harvesting,  
Planting Potatoes,  
Labor Intensive

**4 SEPTEMBER**

More Planting,  
Weed & Water

**3 OCTOBER**

Harvest &  
Maybe Planting

**4 NOVEMBER**

This is a BIG  
HARVEST MONTH

**2 DECEMBER**

Light Month, Plan  
depends on  
weather



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